The Iowa Model Revised: EBP to Promote Excellence in Healthcare

Identify Triggering Issues / Opportunities:
1. Clinical or patient identified issue
2. Organization, state, or national initiative
3. Data / new evidence
4. Accrediting agency requirements / regulations
5. Philosophy of care

State the Question or Purpose

Is the topic a priority?

YES

NO

Consider another issue / opportunity

Form a Team

Assemble, Appraise, and Synthesize Body of Evidence
• Conduct systematic search
• Weigh quality, quantity, consistency, and risk

Is there sufficient evidence?

YES

Design and Pilot the Practice Change
• Engage patients and verify preferences
• Consider resources, constraints, and approval
• Develop localized protocol
• Create an evaluation plan
• Collect baseline data
• Develop an implementation plan
• Prepare clinicians and materials
• Promote adoption
• Collect and report post-pilot data

NO

Consider alternatives

NO

YES

Is change appropriate for adoption in practice?

Integrate and sustain the Practice Change
• Identify and engage key personnel
• Hardwire change into system
• Monitor key indicators through quality improvement
• Reinfuse as needed

Disseminate results

Decision Point

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